



Today I'm going to Rogers Centre!
Rogers Centre is a baseball park in Toronto, Ontario and home of the Toronto Blue Jays.



WHEN I ARRIVE

When I get to the ballpark, I will wait in line to enter with my family or group. The park may be loud and crowded, but that is okay because this is a sensory inclusive location.



GOING THROUGH SECURITY

When I enter the ballpark, I will need to go through the metal detector at security. This looks like an open door. I will also need to give the security guard any items I might be bringing into the stadium like my iPad, iPhone or a comfort item. But I will get it back after I pass through the metal detector which only takes a few seconds.



TICKETS

Once I pass through security, I will need to scan my ticket. There may be a line so I will need to wait with my family or group for my turn.



FINDING MY SEAT

Finding my seat may be a challenge as there are almost 50,000 seats! If I need help, I can ask a staff member. They wear shirts that say “STAFF” on them.



IF IT GETS LOUD

During the game, there might be big screens, bright lights, loud noises or music. After a home run and at the end of a winning game a loud horn will sound. If there is too much noise or the lights are too bright for me, I can visit a Quiet Area or I can borrow a sensory bag.



QUIET AREAS

There are multiple quiet areas near the elevators at Gate 3 and Gate 13. They also have family washrooms throughout the stadium. At either place I can stay with my family or group and take my time to decompress.



GETTING A SENSORY BAG

I can also pick up a sensory bag from one of the Fan Services locations.



WHAT'S IN A SENSORY BAG?

There are items in the sensory bag that will help me. I can use the headphones and the fidget tools in my sensory bag to help me stay calm so I can enjoy the game with my group or family.



FOOD OPTIONS

If I get hungry, Rogers Centre has lots of great food including vegetarian, gluten friendly and vegan options. I can ask any concession for help, text FAN ASSIST, or visit FAN SERVICES for more information.



THANK YOU!

I had a great day at Rogers Centre!
Knowing what to expect made the
experience fun and easy. I can't wait to
go back!